

SKINPEN MICRONEEDLING PRE-TREATMENT

- Discontinue the use of topical products containing Retinol or Vitamin C for 48 hours prior to your SkinPen procedure.
- If you have been overexposed to the sun (sunburn) or develop a cold sore, blemish, or rash, etc. in the area to be treated, please call our office to reschedule your appointment.
- Allow at least 2 weeks after getting Botox and 4 weeks after getting filler for this procedure.
- It is recommended, if you have a special event or vacation coming up that you schedule your treatment at least 2 weeks in advance (we prefer 3-4).
- It is recommended that you avoid excessive alcohol, caffeine, and cigarettes 3 days before and after your treatment. (All of these may increase the risk of bruising)
- If you are prone to herpes simplex infections, such as cold sores, ask your physician whether prophylaxis therapy is appropriate prior to the procedure.
- This procedure may not be performed on active breakouts or open lesions.
- Accutane or isotretinoin use must be discontinued for at least 6 months before your SkinPen procedure, as isotretinoin use may impair wound healing and increase risk of scar tissue formation.
- If you are on autoimmune therapy or systemic corticosteroids (steroids), consult your physician for approval to discontinue use of medications prior to your SkinPen procedure.

Contraindications for this procedure:

Active Acne, Active herpes or warts to area, eczema or psoriasis, keloidal tendencies, history of staph infections, immunosuppressed patients including chemotherapy, autoimmune diseases that prevent healing, pregnant or breastfeeding.