

## IPL & 1540 SKIN RENEWAL POST-CARE INSTRUCTIONS

- Generally, a “sunburned” feeling on treated area is experienced for up to 24-48 hours.
- To minimize swelling, you may apply cold compresses to the treatment area for 10 minutes every hour on the day of the treatment.
- Sleep on your back with your head elevated on the first night post-treatment.
- The gradual darkening of pigmentation will occur. Patients are advised not to rub the treatment area or try to scrub the area away. This is part of the healing process and should start to slough off in three to four days.
- In extreme cases, blistering, burns, or bleeding may occur. Please call your technician if this occurs.
- **STRICT** adherence to sun protection/sunscreen. Direct sunlight should be avoided for four weeks post-treatment.
- Resume a regular skin regimen once the treatment area is back to “normal.”
- IPL AND 1540 SKIN RENEWAL should be scheduled every four to six weeks (depending on treatment reaction)