

CHEMICAL PEEL(S) PRE-CARE INSTRUCTIONS

- Avoid sun exposure prior to treatment. Sunburned skin cannot be treated.
- Do not bleach, wax, tweeze, or use depilatory creams in the treatment area for 3 days prior to treatment
- Discontinue use of retinoids (Retin A, Tazorac, Differin, etc) and Hydroquinone products 3 days prior to treatment
- Discontinue use of 10% or higher Alpha Hydroxyl Acids, Glycolic Acids, and exfoliants 3 days prior to peel
- If you have a history of perioral herpes, advise the office so you may begin prophylactic antiviral therapy the day before treatment
- Schedule your injection at a time when minor swelling or peeling will not disrupt your social obligations

Day of Treatment Instructions:

- Omit lotions, creams, makeup, or deodorant in the area to be treated, AND arrive with clean-washed skin
- Inform the provider of any changes in medical history and of all medications you are taking