

NEUROTOXIN POST-CARE INSTRUCTIONS

- Stay in a vertical position for 4 hours following injection. Do not rest your head or lie down; sit upright. It is ok to momentarily bend over, but do not have your head in a prolonged head-down position for the 4 hours following Botox injections
- Do not wear tight hats or headbands for the first 24 hours after your injection
- You may take Acetaminophen/Tylenol if you experience any mild tenderness or discomfort
- Avoid strenuous exercise for 24 hours to reduce bruising. You may resume other normal activities/routines immediately
- Resume your daily skin care regimen the evening after treatment
- Avoid dermal rollers for the first week following your treatment
- With any other concerns, please reach out directly to your provider for further explanation

The product will be in full effect after 14 days.