

BBL PHOTO FACIAL PRE-CARE INSTRUCTIONS

- Avoid direct sun exposure for four to six weeks prior to treatment
- Do not apply self-tanners or spray tans for four weeks prior to treatment.
- If the skin is irritated from the use of exfoliants like Tretinoin, discontinue use one week prior to treatment.
- If you have a history of fever blisters, please notify us. We may write you a prescription for prophylactic antiviral therapy to start on the day of treatment to prevent a flare-up.
- You must notify the technician if you have had any cosmetic tattooing on or near the area to be treated.
- You must notify your technician if you are on aspirin, ibuprofen, iron supplementation, anticoagulants, vitamin E, or herbal supplements such as ginkgo, garlic, or ginseng. We recommend avoiding these products for two weeks prior to your procedure unless your primary care physician has placed you on them for a medical condition.
- Photosensitizing medications, including doxycycline and tetracycline, should be discontinued three days prior to treatment