

RF MICRONEEDLING PRE-CARE INSTRUCTIONS

3-7 DAYS PRIOR TO TREATMENT:

- Avoid any irritants to your skin, including products containing Retin-A, Retinol, Benzoyl Peroxide, Glycolic/Salicylic Acids, Astringents, and Vitamin C.
- Avoid sun tanning and sunless tanning.
- Avoid anti-inflammatory/blood thinning medications, if possible. Medications and supplements such as Aspirin, Vitamin E, Ginkgo Biloba, Ginseng, St. John's Wort, Omega 3, or Fish Oil supplements, Ibuprofen, Motrin, Advil, Naproxen (Aleve) and other NSAIDS have a blood thinning effect.
- Prep your skin with TNS Ceramide lotion to allow optimal results.

COMMUNICATE WITH YOUR PROVIDER IF:

- You have a pacemaker that is active.
- You have any metal implants located around the treatment area.
- You are currently being treated with any antibiotics or steroids.
- You have medical concerns or questions regarding the stopping of any of these medications or supplements, please consult with your prescribing physician.

RF MICRONEEDLING IS CONTRAINDICATED IF YOU HAVE ANY OF THE FOLLOWING CONDITIONS:

- Immunosuppressive diseases (such as AIDS or HIV).
- If you have any skin allergies to local anesthetics.
- Any current skin cancers or skin infections on areas being treated.
- History of skin disorders, keloid scarring, or abnormal wound healing.
- If you are pregnant or breastfeeding.
- Implanted pacemakers and cardiac defibrillators need cardiologist consent..