

NEUROTOXIN PRE-CARE INSTRUCTIONS

- Avoid the use of Aspirin, Ibuprofen, Advil, Aleve, Motrin, Ginkgo Biloba, Garlic Supplements, Green Tea, Flax Oil, Cod Liver Oil, Vitamins A and E, Omega-3, and Fish Oil for up to one week before and after your treatment as they can increase your risk of bruising.
- Avoid the use of alcohol for 24 hours before and after your treatment to avoid excess bruising.
- You may take Arnica tablets 2-3 days before and after your treatment to reduce the risk of bruising.
- Do not use Botox, Daxxify or Dysport if you are pregnant, breastfeeding, are allergic to any of its ingredients, or have a history of neurologic disorders. Please inform your provider if you have any questions about this prior to the day of treatment.
- You may experience mild tenderness or stinging during and/or following treatment.
- Bruising may occur.
- With any other concerns, please reach out directly to your provider for further explanation.