

## LASER HAIR REMOVAL PRE-CARE INSTRUCTIONS

- Please shave the entire area you desire treated within 24 hours of your planned treatment.
- Use a broad-spectrum SPF 30 (or greater) sunscreen before AND after your treatment. Please avoid natural tanning anytime within 2-3 weeks before your session.
- Avoid exfoliating agents like Retin-A, AHA/BHA, acne medication, or any irritating or drying products for 3 days prior to each treatment.
- Please notify your technician of any changes in topical or oral prescription medications, as they may influence the ability to safely or effectively provide treatment.
- You may bring makeup or concealer to re-apply on facial areas or to cover redness post-treatment.