

## CHEMICAL PEEL(S) PRE-CARE INSTRUCTIONS

### 2-3 DAYS BEFORE TREATMENT:

- Avoid sun exposure prior to treatment. Sunburned skin cannot be treated.
- Discontinue bleaching, waxing, tweezing, or use of depilatory creams in the treatment area for three days prior to treatment.
- Discontinue use of retinoids (Retin A, Tazorac, Differin, etc.) and Hydroquinone products three days before treatment.
- Discontinue use of 10% or higher alpha hydroxyl acids, glycolic acids, and exfoliants three days prior to treatment.

**INFORM** your provider of any changes in medical history and of all medications you are taking, including any new antibiotics or steroids.

- If you are taking antibiotics leading up to the treatment and will not be finished within 72 hours of your appointment, please call Aurora to discuss any possible interactions.