

SKINPEN MICRONEEDLING PRE-TREATMENT

- Discontinue topical products containing Retinol or Vitamin C for 48 hours before your SkinPen procedure.
- If you have been overexposed to the sun (sunburn) or develop a cold sore, blemish, or rash etc. in the treatment area, please call our office to reschedule your appointment.
- Allow at least 2 weeks after getting Botox and 4 weeks after getting filler for this procedure.
- Schedule your treatment at least 2 weeks in advance (ideally 3 to 4 weeks) of any special events or vacations.
- It is recommended that you avoid excessive alcohol, caffeine, and cigarettes for 3 days before and after your treatment. All of these may increase the risk of bruising.
- If you are prone to herpes simplex infections, such as cold sores,, ask your physician whether prophylaxis therapy is appropriate prior to treatment.
- This procedure may not be performed on active breakouts or open lesions.
- Accutane or isotretinoin use must be discontinued for at least 6 months before your SkinPen procedure, as use of isotretinoin may impair wound healing and increase risk of scar tissue formation.
- If you are on autoimmune therapy or systemic corticosteroids (steroids), consult your physician for approval to discontinue use of medications prior to your SkinPen procedure.

Contraindications for this procedure:

Active acne, active herpes or warts to area, eczema or psoriasis, keloidal tendencies, history of staph infections, immunosuppressed patients including chemotherapy, autoimmune diseases that prevent healing, pregnant or breastfeeding.