

AURORA'S POST-PROCEDURE SKINCARE REGIMEN

- **Cleanse:** Use a gentle, soap-free cleanser like Aurora Gentle Foaming Cleanser or Epionce Gentle Foaming Cleanser. Do not scrub or use a washcloth while the skin is peeling.
- **Heal:** Use TNS Advanced Plus Serum morning and night to speed up healing and recovery following any aesthetic service at Aurora.
- **Moisturize:** While skin is healing, it is important to keep your barrier protected and moisturized. Options for this include: SkinMedica® TNS Ceramide Treatment Cream and SkinMedica® HA5 Rejuvenating Hydrator. These can be used as often as needed to relieve any dryness and help control peeling.
- **Sun Protection:** Apply Essential Defense Mineral Shield Broad Spectrum SPF 35 Sunscreen, Essential Defense Mineral Shield Broad Spectrum SPF 32 Sunscreen, or Aurora Skin Defense Sunscreen in the morning and throughout the day. Avoid direct sunlight for at least one week.
- **One Week Following LaseMD:** Exfoliate using either Aurora Skin Polish or SkinMedica AHA/BHA Exfoliating Cleanser.
- Apply all topical skin care products gently and avoid rubbing the skin.